# Peril, Prudence and Planning as Risk, Avoidance and Worry

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- -10 for lava
- +5 for reward
- 12.5% error
- 0.9 discount factor

### Plan

- risk aversion
- conditional value at risk CVaR in sequential problems
  - pre-committed pCVaR
  - nested nCVaR
- risk averse on-line behaviour
- risk averse off-line planning
  - replay and rumination

#### the wrong environment

### **Computational psychiatry**

the wrong problem









# Decision making and risk

- risk is a critical aspect of decision making
- involves decision-making with respect to uncertain (probabilistic) outcomes
- industries have been designed around it (e.g. insurance markets)
- likely plays a crucial role in psychopathology (e.g. anxiety, mania) – ruminative 'what-ifs'









### A useful risk measure from finance...

- caring about worst-case outcomes is natural in medicine, finance, engineering
- perhaps surviving predation for animals



Lower Tail

### Modern Risk Measure: Conditional Value at Risk

average case





- worst  $\alpha$  case: VaR
  - mean: CVaR

Artzner et al., 1999; Rockafeller & Uryasev, 2000





 $\operatorname{CVaR}_{\alpha}[Z] = E[Z|Z \le \operatorname{VaR}_{\alpha}(Z)]$ 

### **CVaR: Conditional Value at Risk**

- coherent risk measure
- emphasizes the lower tail
- $\alpha = 1$ : the 'regular' mean
- $\alpha \searrow 0$ : worst case the minimum
- equivalent to distorted probabilities favouring bad outcomes



### **Experimental paradigms**

• usually:



### What about sequential choice?



### What about the sequential case? V1: pCVaR



2 3

1

### Sequential pCVaR

 $pCVaR^{\pi}_{\alpha_0,x_0}[R] := CVaR_{\alpha_0}[R_0 + \gamma R_1 + \gamma^2 R_2 \dots | X_0 = x_0, \pi]$ 

- precommitted CVaR: pCVaR
  - privilege a start state: home; nest
  - change  $\alpha$  according to the gambler's fallacy
    - if unlucky:  $\alpha$  increases  $\alpha = 0; 1$  are special
    - if lucky:  $\alpha$  decreases
  - either history-dependent evaluation
  - or add the  $\alpha$  dimension with transitions tied to  $\xi$



optimal policy

### pCVaR in a random walk





#### uniform policy



### With the Lava Pits...





### Consistent within a subject







### Risk-sensitivity across subjects



α

What about the sequential case? V2: nCVaR



### nCVaR for the cliff



pCVaR:  $\alpha = 0.05$ 

nCVaR:  $\alpha = 0.05$ 

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state (x)

state (x)

### Interim summary

- parametric risk-avoidant behavior
  - from pre-committed pCVaR: with gambler's fallacy
    - more complex inference
    - other forms of risk avoidance (mean variance) also use extra dimension (current return)
  - from nested nCVaR: with excessive risk aversion
    - still need extra dimension to adjust risk aversion
  - psychiatrically
    - 'wrong problem': pathological avoidance
      - stay at home
      - nCVaR makes this worse
    - in stochastic problems,  $\alpha = 0$  leads to indifference/helplessness

# Risk-avoidant planning

- planning:
  - on-line: model-based reinforcement learning (Monte-Carlo tree search)
  - off-line:
    - use coordinated hippocampal/cortical replay to invert the generative task model
    - evidence in rodents and humans
    - RL:
      - DYNA: Sutton to enable exploration
      - Mattar & Daw synergize with prioritized sweeping (Moore)
      - choose to update based on: product of
        - gain: how much you change your policy based on an update
        - need: how frequently you will visit that state in the future
        - unreasonably: assume optimal calculations in value iteration

### Optimal planning for pCVaR









### Optimal planning for nCVaR



### Discussion

- wrong problem:
  - *optimally* dysfunctional avoidance and rumination from low  $\alpha$  and nCVaR
  - action indifference and helplessness from  $\alpha$  near 0
  - threshold for improvement in CVaR from planning: meta-control
  - non-parametric Bayesian (infinite) model always another catastrophe around the corner
  - effects on exploration/exploitation trade-off
  - robustness to mis-specification
- wrong solution:
  - ineffective updates for instance from Pavlovian avoidance
    - serotonergic pruning?
  - pCVaR with incomplete adjustment for 'luck' continuity to nCVaR
- wrong environment:
  - over-generalizing representations

#### Akiti...Mathis...Watabe-Uchida, 2022





#### Animal Data





Time (Cau)Timeminute/minute(Con)

0.2+	""
0.1 - 0.2	(( ))
1e-6 - 0.1	(( ))